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- GOAL Events
- Advocate Magazine
- Aquademia Podcast
- <u>Blog</u>
- Contact
- 0
- X
- in
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- About
 - Who We Are
 - Our History
 - o Our Team
 - Sustainable Development Goals
 - Careers
- <u>Membership</u>
 - o <u>Overview</u>
 - Our Members
 - Corporate Membership
- Resources
- Certification
 - Best Aquaculture Practices
 - Best Seafood Practices

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- About
 - Who We Are
 - o Our History
 - o Our Team
 - Sustainable Development Goals
 - Careers
- Membership
 - Overview
 - o Our Members
 - Corporate Membership
- Resources
- Certification
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 - Best Seafood Practices
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Temperature effects on shrimp survival to disease

Responsible Seafood Advocate logo

1 February 2002 John M. Wigglesworth, Ph.D.



Multidisciplinary models support role of fever

In recent years, a number of studies have demonstrated the role of a temperature-mediated component in shrimp survival to infection by White Spot Syndrome Virus (WSSV). Laboratory and field studies, along with anecdotal evidence, suggest that even slight elevations in temperature can be important in determining the survival of WSSV-infected shrimp. Until recently, however, there has been no explanation of the mechanism for this response.

Fever in evolution

Fever is understood to be a highly conserved adaptive response to infection in many animal groups. It is an ancient response shared among phylogenetically different animal groups, having emerged in a common ancestor to chordates, arthropods, and annelids over 600 million years ago.

Increased energy demand

Contrary to the general notion of animals conserving energy whenever possible, the fever strategy suggests that such an adaptation should, by its very existence, confer considerable benefit to the individual. Fever as a response to infection in endothermic animals can exert up to a sixfold increase in energy demand, while ectothermic animals – which lack the ability to generate heat – must physically move from cooler to warmer environments, spending energy and leaving them susceptible to predation.

Human studies

Fever research as it pertains to human physiology and medicine has been refined over the last 50 years through the marriage of thermophysiology and immunology. Clinical studies investigated both the beneficial effects of fever and the detrimental effects of antipyretic therapy, such as the use of aspirin and acetaminophen for the treatment of non-life-threatening infections.

In these cases, antipyretic therapy lengthened the time to recovery even though painful and uncomfortable symptoms were mitigated. However, it should be noted that in many studies the magnitude of the survival response was highly variable, suggesting the mechanisms are complex and not necessarily predictable, relative to the severity of the infection.

Animal studies

In animals, core temperature can be affected through antipyretic drugs, manipulation of temperature-sensitive afferent nerves, or warming or cooling via external means. Studies with lizards and goldfish – which, like shrimp, rely on external warming and cooling – have shown 2.7- and 1.5-fold increases in survival following 2 degrees (38 to 40 degrees-C) and 4.7 degrees (28 to 32.7 degrees-C) increases in core temperature, respectively, after infection with Aeromonas hydrophila. Perhaps more interestingly, all the lizards that underwent a course of antipyretic therapy with sodium salicylate following the infection died, while their febrile counterparts survived.

Heightened defenses

The most obvious mechanism to explain these observations is that pathogen viability is somehow affected by higher temperature. Some pathogens are certainly sensitive to higher temperatures, but most proliferate within the febrile ranges (28 to 42 degrees-C) usually encountered among animals. This suggests that the conferred benefits of fever are perhaps mediated more effectively through host defenses than by any inhibition of pathogen metabolism via thermogenic means.

Table 1. Examples from humans, mice, and lizards of febrile temperature effects on innate and acquired immunity. (After Hasday et al 2000.)

Immunity Type	Cell Type	Function	Enhanced	Inhibited	No Change
Innate	Neutrophil	chemotaxis chemokinesis superoxide production phagocytosis bactericidal activity	•	- •	•
	Macrophage	phagocytosis bactericidal activity tunoricidal activity surface receptors superoxide	•	• - •	• • - -
	Natural killer	opsonization	•	•	•
Acquired		T-cell mitogen response T helper cell T suppressor cell B cell Cytoxic T lymphocyte	•	•	• - - -

Effects on immune systems

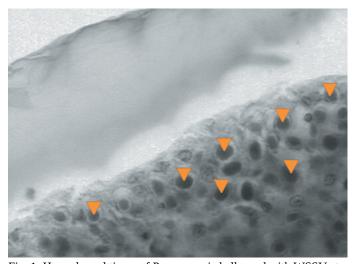


Fig. 1: Hyperdermal tissue of P. vannamei challenged with WSSV at 26 degrees C. Arrows point to numerous inclusion bodies.

Models in which host defenses were evaluated have shown both the beneficial and detrimental effects of increased core temperatures on host immune systems. In mice, a 37 to 40 degrees-C increase followed by a challenge with bacterial endotoxin lipopolysaccharide reduced survival and increased levels of plasma tumor necrosis factorα. Yet an increase in temperature to 39.5 degrees-C following exposure to Klebsiella pneumoniae improved the survival rate and reduced plasma levels.

A similar range of effects on immune cell functions has also been reported, including innate and acquired immunity (Table 1). This illustrates the complexity of effects of febrile temperature over a range of immune functions. The responses can often be contradictory, with enhancement replaced by inhibition as temperature crosses a known febrile range. But there are enough examples of the beneficial effects of fever on immune cell function to argue that, overall, fever enhances rather than diminishes survival response.

Crustacean studies

In addition to substantial information on the phylogenic groups studied under thermobiology, published data supporting the idea that environmental changes in temperature mediate crustacean immune systems have been available since the 1960s. Studies with fiddler crabs (Uca pugilator) demonstrated increased haemocyte counts at increased temperatures. In addition, the antibacterial activity of haemocytes in *Carcinus maenas* was reported greater in summer than winter months.

Disease mediation in shrimp

Fig. 2: Connective tissue of P. vannamei challenged with WSSV at 32° C. Arrows point to inclusion bodies, which were not numerically prevalent.

Available information suggests that increased temperatures stimulate immune system function in *Penaeus californiensis* and *P. stylirostris* (Vargas-Albores et al. 1998; Le Moullac and Haffner 2000). In addition, Rodriguez and Sonnenholzher (2001) reported a more intense immunological reaction in (P. vannamei) that resulted in the proliferation of haemocytes at 33 degrees-C instead of 27 degrees following exposure to WSSV.

It is interesting that the complexity and contradictory nature of immunological reactions over the range of febrile temperatures reported by thermobiologists is also reflected in many studies conducted with penaeid shrimp, implying a connection between fever and a survival mechanism in diseased shrimp.

Studies With P. vannamei

Research studies in Colombia, Ecuador, and Honduras have demonstrated the significance of fever with *P. vannamei* as an animal model. These studies showed a significant increase in host survival at temperatures over 30 degrees-C following exposure to WSSV, while temperatures below 30 degrees resulted in accumulated mortality of 90 percent or greater.

A bioassay was conduted with *P. vannamei* at 26 and 32 degrees-C, and ambient temperature to determine the incidence of WSSV after oral challenge. Interestingly, histological analysis on representatives of the bioassay at 26 and 32 degrees demonstrated highly significant differences in the level of WSSV inclusion bodies found in each test group (Figs. 1 and 2). The results suggested viral replication was inhibited at the higher temperature through an unknown mechanism (Fig. 3). These findings were also confirmed in pond studies where WSSV incidence was correlated with temperature differences.

Fig. 3: Bioassays completed with *Penaeus vannamei* at different temperatures.

Conclusion

Although evidence from a number of disciplines supports the role of febrile temperature in the survival response to WSSV displayed by penaeid shrimp, additional work is needed to understand the mechanisms involved. Through the development of suitable models of infection that link immune defense and pathogen susceptibility, we will be able to better determine how this mediation is effected.

Note: Cited references are available from the author.

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Author

• John M. Wigglesworth, Ph.D.

John M. Wigglesworth, Ph.D.

Seafarms Group 4600 Taylor Dairy Road Fort Pierce, Florida 34946 USA

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